

## National Curriculum:

Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense. (Yr1)

Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene. (Yr 2)

## Prior Knowledge:

In EYFS pupils will have: Managed their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

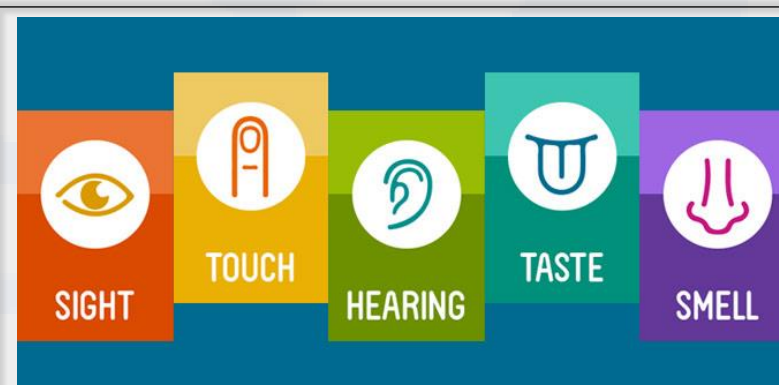
## Key Vocabulary:

touch	taste
smell	hear
see	sense
hygiene	germ
diet	exercise

## Subject: Science

### Year 1/2

## Animals, including humans (What a wonderful world!)



## Enquiry Questions:

- 1) What are the names for all our body parts?
- 2) What can our body parts do?
- 3) What are my senses?
- 4) What do I need to do to stay healthy?
- 5) What are the requirements for a healthy meal?
- 6) What happens when I exercise?
- 7) Are the oldest children the tallest?
- 8) Are the oldest children the fastest?

## Context:

Children will learn about their own bodies and what each part is called. They will learn how to stay healthy and look after their own personal needs, including healthy food choices.

## Sticky Knowledge:

The body is made of 4 limbs, a torso, a head, hands and feet (1)

The body has a skeleton made of bones (1)

The brain is needed for thinking, and the heart and lungs for breathing and moving blood around the body (2)

The ears, eyes, nose, tongue, fingers and skin are important for the senses (1/2)

The five senses are hearing, smell, eyesight, touch and taste.(2)

Exercise, balanced diet and hygiene are needed to stay healthy. (4)

There are different food groups and humans need some of all food groups to stay healthy. (5)

Humans sweat, heart rate increases and they feel 'good' when they exercise (6)

## Working Scientifically:

To identify different body parts (1/3)

Observe closely, using simple equipment (magnifying glass) (3)

To use their observations and ideas to suggest answers to questions (5)

Perform simple tests (7/8)

Gather and record data to help answer questions (7/8)